

# COVID-19 UPDATES

## INFORMATION ABOUT NORCAL ATHLETICS LEAGUES

*COVID-19 SAFETY GUIDELINES - UPDATED FEBRUARY 25, 2020*

As you may know from the news Health Guidelines for the State of CA were just updated last week. However, we are still waiting for the city of SF updated guidelines to get announced to determine when adult play will be able to resume.

**As a result, all leagues are still on hold until we get all SF Health guidelines.**

- But we continue to closely monitor developments on SFDH's website <https://sf.gov/step-by-step/reopening-san-francisco> that affects our reopening timeline in regards to COVID-19 and our facility partners.
- Our priority is to reopen as quickly as possible but in an appropriate way to ensure your safety.
- We Are Working with Local Officials & Facility Partners.

While we had hoped to restart our leagues in early April of 2020 that did not pan out due to the Pandemic's constantly shifting timeline. And, rather than leave you in the dark we wanted to communicate any updates in regards to re-opening on this page.

**In addition, Norcal Athletics will be suspending all operations and will not be available to monitor emails or phone calls during this period.**

We sincerely apologize for the temporary disruption. Believe us, we want to be back to get these leagues ready for action ASAP!

**Operations will resume as soon as it is deemed safe to play.**

If your league was postponed mid-season, then all remaining games will be made up at a later date. If you have already registered but your league has not yet begun, we will communicate all date changes for the season once we are cleared to play.

**All registrations will remain valid as we determine when postponed activities will resume.**

Please know that you will receive the full value of your fees in the form of rescheduled games or a credit. At this time, we are unable to provide refunds for registrations for any activities currently running or scheduled in the future.

This is an unprecedented time for a small businesses like ours because our mission is to bring people together to play and connect through team sports.

Like many of you, we're all making sacrifices in our daily lives and careers to get through this. Like the public officials who are trying to act quickly to suppress the spread of COVID-19, we as a company have had to make tough decisions and take swift and decisive action to get through this crisis.

We will continue to monitor public health updates as well as updates from our facility partners and will resume play as soon as we can.

We will reach out as soon as possible with any updates on timeline, scheduling, or other information.

Thank you very much for your patience and understanding during this time. We hope everyone is safe, healthy, and caring for each other during this difficult time.

Team Norcal Athletics

**Norcal Athletics COVID-19 Safety Guidelines**

The Norcal Athletics COVID-19 Safety Guidelines include best practices for adult social sports according to SFDH and the CDC. These guidelines are to ensure the safety of players and staff through the phased reopening of our leagues.

**These guidelines are meant to supplement any current restrictions and mandates imposed by state and local authorities and Norcal's facility partners.** Since guidance and best practices continue to evolve, the Norcal COVID-19 Safety Guidelines are subject to change without notice.

**Remember, if you are sick please stay home!**

**Any players not following these rules will be removed from the game, and their rights to continue playing in the league will be reviewed by Norcal Athletics!**

- Understand and prepare to follow all posted sport-specific rules.
- An email will be sent to all participants, staff and officials the week leading up to the start of a league.
- Any person who is experiencing symptoms of sickness or person living with someone who has symptoms will be prohibited from attending the event.
- All event attendees are required to follow best practices of social distancing, masking, and hand-washing.
- All posted and published local and state-regulated guidelines shall be followed
- Players are responsible for self-quarantining and not attending a game if they are on quarantine for such reasons as: exposure to others who are positive or recently **travelled** to a state that requires them to quarantine. This is based on honor system, and players can email [covid19@norcalathletics.com](mailto:covid19@norcalathletics.com), if they suspect another player is not following this rule.

- **Hand Washing:** Players must wash-hands or sanitize hands before play. Players are encouraged to bring their own antibacterial wipes and hand sanitizer. We will also have sanitizer and disinfectant available on site.
- **Social Distancing:** Arriving teams should maintain social distance (6 feet) from teams on the field, and players should maintain social distance from teammates as well.
- **Masking:** Players must wear a mask prior to play.
- **Cleaning:** Game balls and/or equipment will be sanitized before and after each game.
- **Social Distancing:** Players must always keep proper social distance (6 feet) beginning upon arrival at the facility and as much as possible during play.
  - Along the sidelines, social distancing is required.
  - Players must always keep proper social distance from referees and umpires.
  - Only the team captain can approach the referee to ask questions and gain clarification.
  - Handshakes, high fives, team huddles, etc. are not allowed.
- **Masking:** Players are encouraged to wear masks or other PPE during play as long as it does not compromise the safety of the game. Please wear your [mask correctly](#).
- **Hand-Washing:** Players are encouraged to use hand sanitizer on the sidelines.
- **Cleaning:** Players are encouraged to clean playing equipment and hands between half time etc. Do not touch or share anyone else's equipment, water, food, or bags.

### **After Games**

- **“Leave No Trace” Policy:** Teams must leave absolutely nothing at the field and sidelines, and will be directed to clean their bench areas on departure.
- Teams must leave the field immediately after their game concludes.
- Players are welcome to email feedback about their experience with the safety guidelines in practice to [covid19@norcalathletics.com](mailto:covid19@norcalathletics.com).

### **Exposure Protocols**

- If a player or game staff member tests positive for COVID-19 they must contact Norcal Athletics immediately at [covid19@norcalathletics.com](mailto:covid19@norcalathletics.com)
- In accordance with privacy laws, we will not disclose names of any individual (including any staff or player) who has symptoms or tests positive.
- A designated and trained COVID-19 responder will follow up with players to understand and follow the federal, state, and local regulations around exposures and contact tracing efforts.
- Any decisions to postpone games due to someone testing positive for COVID-19 will be based on current federal, state, and local regulations.
- A player or staff member who tests positive can return based on the current guidance from the local Department of Health.